

Dayton Academy of Gymnastics and Dance

Kids Fun & Fitness
Center

www.daytongymnastics.com

Serving Huber
Heights for 30 Years



Homeschool Program

5051 Nebraska Ave
Huber Heights
(937) 236-2100

Homeschooling is fast becoming the norm rather than the exception in the education of our young people. Quality instruction in the safety of their own home, what an awesome concept. However, we understand that as a requirement, physical education must be completed as well. This is where Dayton Academy of Gymnastics and Dance would like to offer a solution.

Gymnastics is one of the fastest growing sports in the country for boys and girls. Years of research in child development strongly indicate there is a direct connection between physical and intellectual development. At Dayton Academy, our philosophy is, "Through gymnastics training, children can develop their minds by strengthening their body."

We have put together a gymnastics program designed to work on very elementary skills and introduce them to the different events, bars, beam, tumbling, and vault. Through progressive instruction, we move children through the program based on ability rather than age.

Classes are setup on a weekly basis, during the day, at a time that would be convenient for your group. If you are not part of a homeschool group and would like to join an established class, check the schedule below.

Fees are greatly reduced, but be assured, the quality of the programs is not diminished.

Classes will be designed to meet the needs of your individual group or you are welcome to enroll in an existing class. Following is the current schedule. Days and times will be added as needed. Call Dayton Academy today at (937) 236-2100 or email us at homeschool@daytongymnastics.com to enroll in an existing class or to design the 'right' program for your group.

- ◆ 23,000 Sq Ft Facility
- ◆ USAG Certified Instructors